

MISSOURI

Mental Health Transformation Incentive Grant

Year One Update

How is Missouri using the Transformation funds?

The Substance Abuse Mental Health Services Administration (SAMHSA) awarded Missouri its transformation grant on October 1, 2006. During the first year funds were primarily used to:

- Staff the Transformation Work Group (TWG) and the 6 content workgroups chartered to develop a comprehensive plan that addressed the New Freedom Commission goals;
- Conduct a state-wide needs assessment and inventory of resources;
- Conduct 14 public hearings across the state;
- Train and provide staff and financial support to consumers and families who participated in the planning process;
- Obtain technical assistance from outside consultants/experts relevant to establishing plan recommendations and priorities;
- Conduct an initial evaluation of the planning process; and
- Fund specific transformation projects/pilots that had already been agreed upon. This included funding for Missouri's "Procovery" project, a local planning pilot and an assessment of consumer operated service programs.

Once the plan is completed and approved, Missouri will continue to use grant funds to staff the TWG and workgroup implementation teams, support consumer and family active participation and perform both state-specific and cross-state evaluation activities. Current staff will also be redirected to support implementation of priority recommendations to include peer support training, consumer leadership training, anti-stigma campaign development and local community development projects. Remaining grant funds will be used as match wherever possible to fund technical assistance, training, and other infrastructure specific to the transformation priorities. In addition, Missouri has prepared several grant, private foundation applications and state legislative and budget proposals aligned with year one priorities.

What has Missouri planned and how is it addressing the key elements of the Transformation grant?

Missouri is currently in the process of completing its comprehensive plan. The "working draft" table at the end of this document shows the long-range strategic themes and specific goals and objectives that emerged from Missouri's planning process. These are directly related to the New Freedom Commission goals with the addition of a Missouri-specific goal that addresses local community development. Year one priority strategies and actions include the following:

- Initiate an anti-stigma campaign and a mental health literacy program targeted to both providers and the public.
- Pilot and evaluate six federally-qualified health center (FQHC)/community mental health center (CMHC) collaborative care initiatives.
- Implement a peer support training and certification program.
- Pilot a consumer operated service program (COSP) toolkit developed by SAMHSA and implement quality improvement process in COSPs.
- Pilot an integrated screening tool, referral and cross agency planning process across health, mental health and substance abuse providers.
- Develop and implement person-centered planning for adults with serious mental illness and adults/children with both a mental illness and developmental disability.
- Implement police crisis intervention teams (CIT) state-wide.
- Implement state-wide roll-out of Procovery program.
- Implement state-wide school-based services initiative.
- Implement and evaluate selected evidence-based practices including integrated dual diagnosis treatment, supported employment, assertive community treatment, and cognitive behavioral therapy.
- Provision of mini-grants to targeted local communities to initiate “Communities of Hope” that include local assessment and capacity building along with focused anti-stigma and public education activities.







In addition to the above direct activities, the TWG will establish implementation teams to begin to address the following priority areas:

- Develop a comprehensive cross-departmental prevention framework and implementation plan that addresses common risk and protective factors.
- Establish a cross departmental state definition and framework for implementing evidence-based practices using a balanced portfolio approach and “Coordinating Centers of Excellence” concept.
- Develop core competencies for mental health.
- Establishing a cross departmental practice model for children and cross-departmental service philosophy and model for transitional youth, adults and older adults.
- Expand employment and housing options in integrated community settings.
- Develop technologies specific to supporting priority recommendations.



**MISSOURI MENTAL HEALTH TRANSFORMATION
STRATEGIC THEMES**
“Creating Communities of Hope”
Moving Missouri Toward a Public Health Approach



| MOVE FROM: | | MOVE TO: |
|--------------------------------------|---|---|
| CULTURE OF CRISIS/ RISK OF HARM | → | CULTURE OF HOPE/ FIRST...“DO NO HARM”  |
| “NO WHERE TO GO” | → | EASY, EARLY AND EQUAL ACCESS  |
| DISABILITY FOCUS | → | WELLNESS FOCUS WITH PREVENTION AND EARLY INTERVENTION  |
| BUREAUCRACY/ PROVIDER DRIVEN CARE | → | CONSUMER DIRECTION AND EMPOWERMENT  |
| FRAGMENTED & CENTRALIZED SYSTEM | → | SHARED OWNERSHIP & INVESTMENT (STATE-LOCAL, PUBLIC-PRIVATE)  |
| “POCKETS” OF EXCELLENCE | → | UNIVERSAL BEST PRACTICES  |